

NB the blue font is to illustrate the parts of the template not relevant; ordinarily these headings would just be deleted but have been left for illustrative purposes.

SCHOOL (Parents' Advice)

Client Name: Donald Duck

BASIC DETAILS Relating to Child/YP

1st May 2014 - RK meeting with mum: Mrs Amaryllis Duck - Mother of Donald Duck

DOB: 1st April 2007

Address: Sleepy Hollow, Eider Way, Mallard Town, Drake County

What others think

Mostly cheerful and optimistic. Very kind hearted and generous. Has a very strong sense of justice. Very popular and has many friends. He has lots of energy and enthusiasm. He learns very quickly when he's showed how to do something and can often work out practical problems for himself. He has a good sense of humour especially visually.

FAMILY RELATIONSHIPS

Donald lives alone with me his mum. His dad occasionally visits but he has other children from other relationships so it's just very casual and there is not a strong bond between them.

Family Support

Donald spends quite a lot of time with his grandma. She's very kind, patient and wise and they have an amazing relationship. It always feels calm at hers - perhaps because it's right next to the lake and water has that calming affect. Donald sits quietly there listening to her tales of when she was young. You see a different side of Donald in this environment. He is very gentle and patient and adjusts to the slower pace of his grandma. His grandma speaks very softly and Donald tunes in to this and speaks to her much more quietly than his usual voice. Ironically his grandma is quite hard of hearing and she has to keep asking him to speak up!

Family Interactions

Donald's younger nephews live nearby and Donald sees quite a lot of them and they all play well together on the whole. Donald seems to think he should always be in charge because he's older and that can be difficult at times but Donald never stays upset or grumpy for long - he quickly bounces back as if nothing has ever happened.

BEHAVIOUR

Sometimes if Donald is naughty or just messes up and everyone around him is upset, I send him to his room, usually to give everyone else a bit of space. Quite often Donald comes back downstairs after 5 minutes or so and behaves as if nothing has happened. He genuinely doesn't seem to be aware of how upset or angry he has made others. I am worried about this because as he is getting older, people are becoming increasingly less tolerant and there could be more serious consequences in the future rather than a few ruffled feathers.

[Obsessions Add Notes Here](#)

EMOTIONS

Donald seems to experience rather extreme emotions. He's mostly really happy but when he's not he seems to be really low. It's like he's on a real emotional seesaw and he hardly ever seems to be just "ok". It can be quite demanding living with him and although I can cope and manage situations reasonably well, it's not so easy for other family members. This means there are times when Donald can leave a trail of devastation which he is completely oblivious to.

Frightened/ Upset/Dislikes

Although Donald is quite noisy himself, he is frightened of sudden loud noises. He also doesn't like noisy crowded places but he can sometimes overcome this fear if the "reward" is great enough. For example the leisure centre is noisy but because he absolutely loves it there, as he's able to do his favourite thing; swimming, he can cope with the noise. It may also help that he wears earplugs to keep the water out as well as some of the noise. He is allowed to listen to music on his iPod on the coach that takes them to swimming; again to help filter out the noise on the bus which helps to keep him quiet and contain some of his own excitement. He is really frightened of fireworks though and stays indoors. He won't even watch them out of the window even though they can't really be heard. He is also terrified of thunderstorms and will hide under the covers of his bed or under the table. Once he's in what he perceives a safe place he usually curls into a ball. It is best to leave him alone until the perceived danger has passed. Once he's satisfied it has, sometimes he might ask to double-check, he will then come out and carry on as if nothing had happened.

Anger

Donald certainly gets angry at times but it's not always easy to understand exactly why. His angry mood doesn't usually last too long but he's unpredictable, so what follows might be a high or it might be a low. Some days he just seems to wake up angry or in a bad mood although the two things often look the same. He is unable to explain why so it's best not to ask him at this time. Sometimes distraction can work. Food is one way, so on one of his bad mornings, especially if it's a school day, I do him a cooked breakfast as this usually does the trick. Donald has a very strong sense of right and wrong including

if he perceives there to be an injustice to someone else. He often tries to put these situations right but although his intentions feel right to him often his efforts and actions would be judged completely wrong by everyone else.

Calming/Pacifying

When Donald is angry or really upset it is best to just leave him alone. Once his head seems flooded with anger there seems to be no space to think clearly or focus on anything else. He often seems to choose to walk and walk, often in circles. After about 20 minutes he will have calmed down, not necessarily completely but enough for him to listen. It is not a good idea though to start to question him or challenge him at this point as his anger will quickly return. As hard as it can seem it is best to wait as he can feel scared by how he has felt. Ideally, if this should happen at school, I would prefer to be called as this will provide some reassurance and stop him being frightened.

Play/Pleasure/Hopes

Donald gets on better with those who are either older or younger than himself and struggles to maintain friendships with his peers. He loves playing physical games, as he tends to be "on the go" most of the time. He really loves swimming and hopes to represent his country in the Olympics. He has no fear when he is swimming and seems to have taken to it like a duck to water! He really loves to go to the local leisure centre at the weekend with his 3 little nephews. He would go there every day if he had his way. He has been accepted onto the junior life-saving programme there and he is the youngest member. This has really raised his self-esteem and confidence.

COMMUNICATION

Communication is sometimes unclear especially when excited. He usually has a very loud voice and needs reminding to speak quietly and slowly and he can manage this when given several prompts or if everyone else around him is speaking in more hushed tones.

[Communication Support Systems](#) [Add Notes Here](#)

Understanding/ Expression

Donald has reasonably good understanding of what is said to him but he does sometimes latch on to certain words and get the wrong end of the stick. It is always best to double-check that he has properly understood by getting him to tell you it back. He doesn't seem to be able to follow more than 2 instructions, as he appears to forget. I've found that it is better to turn things into a game to either help him remember or to keep him on task. For example when we're getting dressed in the morning we have a race. I'll call out to him things like, "I'm putting my sock on now, first one on, now getting the second" or "doing the buttons up on my top". He really responds well to this sort of interaction and cannot resist joining in "the game".

INDEPENDENCE

Donald really wants to be as independent as possible but because he is so impulsive and lacking awareness of danger, this is a bit of a battleground. He is very supportive and helpful to his grandma running simple errands such as posting a letter (the post box) is less than a hundred yards from her home and is visible from it too. His grandma watches him all the way there and back but Donald doesn't know this. He feels really grown-up and important when he's able to help in this way. His body language changes and he sticks his chest out and holds his head up high. You can really see his pride.

[Eating](#) [Add Notes Here](#)

Dressing

Donald's special boots have to be laced up and tied properly or they won't benefit him as intended. He cannot do this for himself and it's really important for the time being that he should not be allowed to.

[Toileting/ Washing](#) [Add Notes Here](#)

PHYSICAL NEEDS

Donald doesn't experience any pain but he does tire easily if he has to walk for more than 10 minutes or so. He isn't able to walk very fast. He is very sensitive about being very short and having such little legs. He is really self-conscious especially when it comes to PE - it's not just that he struggles to do most of the activities but he hates the way he looks in his PE kit. The jogging bottoms are not that easy to shorten and he has to wear his prescription footwear from the hospital, as he is extremely flat-footed and they can't make him trainers or any other kind of sport shoe.

Mobility

Due to being very short he walks with an unusual gait and rather slowly. As he loves swimming we try to go at least 2x weekly as its strengthening his legs and increasing his stamina. He's the fastest swimmer in his school for all year groups.

[Gross Motor Skills](#) [Add Notes Here](#)

Fine Motor Skills

Donald is very awkward using cutlery. At home we mainly eat food that needs a spoon or fingers. He takes a packed lunch to school consisting of things he can eat easily with his fingers as opposed to his favourite things, so that he can sit with his friends and not be different or embarrassed.

[SENSORY NEEDS](#) [Add Notes Here](#)

[Sensitivity /overload](#) [Add Notes Here](#)

[Auxiliary aids](#) [Add Notes Here](#)

DIAGNOSIS/ MEDICAL CONDITIONS

Donald goes to the Child Development Centre every 6 months for check ups with the paediatrician (Dr Goodman) the physio (Julie Walker) OT (Hans Akin) and SALT (Arthur Beek). Please ask each of them for their reports. We have programmes to work on at home and it can only be of benefit if the school could implement and follow their recommendations too.

[Management of Medical Conditions Add Notes Here](#)

[Therapies Add Notes Here](#)

[Medication Add Notes Here](#)

[General Health Concerns Add Notes Here](#)

SUMMARY

It's really important to Donald that he fits in with everyone else - he cannot cope with being singled out or treated differently, even though he knows he's not exactly the same as the others and needs help. When he experiences success - usually this is to do with water based activities, it lifts his spirit no end and seems to bolster his determination to try harder, not just with his swimming but with everything else. He very proudly showed me his story on the wall alongside everyone else's. This was the first time this had happened, the difference being this was a computer based task instead of handwriting, something he really struggles to even complete a task in. He was so excited to see my reaction and yet to everyone else this was so ordinary. It is really important that he is given chances to experience success like this, especially in front of his friends and for support to be subtle and as discreet as possible.